

Prevalence and analysis of aflatoxin M₁ in milk and milk products of Bhagalpur, Bihar, India

Kumari Priyanka, Choudhary A.K.* and Tudu Smita

Mycotoxin Research Laboratory, University Dept. of Botany, Tilka Manjhi Bhagalpur University, Bhagalpur – 812007, Bihar, INDIA

*choudharyakbot@gmail.com

Abstract

Aspergillus flavus is ubiquitous saprophytic mould which produced aflatoxins in any of the food and feed items under congenial environmental conditions. Aflatoxin B₁ (AFB₁) is highly carcinogenic compound categorized as class I carcinogen. Aflatoxin B₁ in feed can be transformed into the milk as its hydroxylated derivative, aflatoxin M₁ (AFM₁). In the present investigation, the aflatoxin M₁ contamination in cattle milk/ milk products of Bhagalpur and surrounding districts was analysed and also the influence of various factors (types of cattle, regions and seasons) on the prevalence of aflatoxin M₁ contamination was monitored. Milk samples of cattle (cow, buffalo and goat) and milk products (curd, paneer, khoya, cheese, ice-cream, milk-shake and milk powder) collected in different seasons of various localities (urban, semi-urban and rural areas) were analysed for aflatoxin M₁ contamination.

Means of variable \pm SD were recorded and data of regional variations was subjected to statistical analysis by one way analysis of variance using SPSS 16. Among the 182 milk samples analysed, maximum aflatoxin M₁ contamination occurred in the milk samples of cow (58%) followed by buffalo (52%), however, there was least (25%) contamination in Sudha dairy milk samples. Out of 75 aflatoxin positive samples, 29 contained milk toxin in the range of 0.05 μ g/kg to 0.5 μ g/kg, however, in remaining it was less than 0.05 μ g/kg. Only one sample (cow milk) aflatoxin M₁ was exceeding 0.5 μ g/kg. Eleven samples of milk products (khoya, curd, rabri and paneer) contained AFM₁ exceeding 0.05 μ g/kg. In most of the samples, aflatoxin was within the regulatory limits (USFDA, EU and CAC). Seasons and regions had pronounced influence on the prevalence of aflatoxin in milk and milk products. Periodical monitoring and evaluation of factors conducive for aflatoxin synthesis will help us to develop strategies for prevention and control.

Keywords: Aflatoxin B₁ (AFB₁), Aflatoxin M₁ (AFM₁), Cattle feed, Seasonal variation, ANOVA test, Bihar.

Introduction

Aflatoxins are the toxic metabolites of certain saprophytic moulds *Aspergillus flavus*, *A. parasiticus* and *A. nomius*⁴

which are distributed worldwide in air, soil, food and feed^{12,18}. International Agency for Research on Cancer (IARC 2002) has classified aflatoxin B₁ (AFB₁) as class I carcinogen. It has been evident that if AFB₁ is present in the diet of lactating animals, then aflatoxin M₁ (AFM₁) would occur in milk^{2,9,10,19}. The contamination of aflatoxin M₁ also occurs when the moulds synthesizing aflatoxin pass to the milk and produce aflatoxin during transport, process and storage phases after milking⁷.

AFM₁ is classified in group 2B carcinogen (possibilities of developing cancer among humans). Aflatoxin M₁ is the monohydroxy derivative of AFB₁ produced after metabolization in liver following consumption of contaminated feed by lactating cows/ cattle. After ingestion of contaminated feed, AFM₁ can be detected in cow's milk (with the percentage of 1-6% of AFB₁) from few hours to two days¹⁵.

AFM₁ could be found in dairy products manufactured from contaminated milk, therefore, the only practical way to ensure the safety of milk and dairy products for human consumption is avoiding its contamination²⁷. Dairy products are the one of the most important exposure factors through diet for AFM₁. High AFM₁ incidence in milk and milk products can create an important public health risk due to the fact that milk and milk products are consumed widely by all age groups and especially infants, children and old aged people²⁰. The occurrence and incidence of AFM₁ contamination in milk and dairy products may vary according to individual, localities and also on agricultural practices²³. Consumption of high amounts of concentrated feeds by high-yielding cows might result in high level of aflatoxin M₁ contamination in milk⁶. Geographical variation in the concentration of AFM₁ has also been reported^{1,3}.

Since AFM₁ has carcinogenic potency as high as that of aflatoxin B₁¹⁶, thus many countries have set maximum acceptable levels for AFM₁ in milk and dairy products. US Food and Drug Administration (USFDA) has set a maximum permissible level of 0.5 μ g/Kg of AFM₁ while in some European countries (EC), the maximum acceptable level is 0.05 μ g/kg²⁹. In order to maintain this limit, aflatoxin B₁ level in feeds for dairy animals must be kept limited²².

The presence of AFM₁ needs to be considered as great human health risk and never it should be underestimated or neglected due to the unpredictability of climatic and environmental conditions and the unavailability of certain agricultural systems (characterized by poor economic conditions and/or lack of knowledge) to face and manage

aflatoxin prevention/ contamination. The occurrence of AFM₁ in milk and dairy product especially cow's milk makes it a particular risk for humans because of its importance as a foodstuff for adults and especially children.

As a result of this worldwide situation, the objective of our work was to access the levels of aflatoxin AFM₁ contamination in the cattle milk/ milk products of Bhagalpur, Bihar and also to evaluate the influence of factors such as type of cattle, seasons and regions on the prevalence of aflatoxin M₁ contamination in milk in order to develop future strategies for prevention/ control.

Material and Methods

Milk sample collection: Raw milk of cow, buffalo and goat milk was collected from different regions (urban, semi-urban and rural area) in sterile plastic bottles while pasteurized milk samples were purchased from Sudha dairy of Bhagalpur district. Samples were collected directly from dairy farms, milkman and farmers after morning milking. Different milk products (curd, paneer, khoya, cheese, ice-cream, milk shake and milk powder) were purchased from Bhagalpur market.

Extraction: AFM₁ was extracted following the AOAC (2000) method. 50 ml of different milk samples were shaken first and then 10 ml of saturated salt solution (40 gm NaCl / 100 ml water) and 120 ml chloroform (at 30°C) were added in a 250 ml separating funnel and subsequently allowed to separate for 2 minutes. For milk powder, reconstitute 5 gm with 50 ml of water, however, for cheese, paneer, curd and Khoya 15 gm samples were blended with 1 ml saturated salt solution, 5 gm diatomaceous earth or celite and 100 ml chloroform for 60 seconds in a blender jar. Then lower CHCl₃ layer was drained into 125 ml Erlenmeyer flask.

In case of milk product, the chloroform solution was centrifuged (15 minutes at 2000 rpm) and then lower chloroform layer was drained into flask. After separating chloroform layer, 10 gm anhydrous sodium sulphate was added to CHCl₃ with stirring. It was further filtered into 100 ml graduated cylinder. Then filtrates were used for column chromatography.

Column chromatography: Column was half filled with CHCl₃ and then 2 gm silica gel slurry (made with CHCl₃) was added. 2 gms sodium sulphate was added above silica gel. Excess CHCl₃ was drained off and silica column sides were rinsed with CHCl₃. Sample extract was added in column and entire solution drained through column by gravity, simultaneously stirred with sodium sulphate gently. Graduated cylinder was rinsed with CHCl₃.

Then wash column with 25 ml of toluene – acetic acid (9 + 1) in order to remove coloured compounds. Further, it was washed with 25 ml of hexane – ether – acetonitrile (5 + 3 + 2) to remove fat. Aflatoxin M₁ was eluted with 40 ml CHCl₃ – acetone (4 + 1) which was then evaporated to dryness and subsequently it was used for TLC/ HPTLC.

Thin Layer chromatography: Samples residues were dissolved in 100 µl of benzene – acetonitrile (9 + 1) and spotted on HPTLC plate. 20µl of test solutions and 2, 4, 6, 8 and 10µl of AFM₁ standard (0.25µg /ml) were spotted on HPTLC plate. The plate was developed in chloroform - actone – isopropanol (87 + 10 + 3) and aflatoxin M₁ was calculated in µg/ kg or ppb through fluorescence intensity and also through CAMAG TLC Scanner (Camag, Muttenz, Switzerland), using a D-2 lamp and K-400 filter along with a Sklar integrator.

Statistical analysis: The means of variable ± SD were recorded and regional variation was subjected to statistical analysis by One-way Analysis of Variance using SPSS 16.

Results

The results obtained by the qualitative and quantitative analysis of aflatoxin M₁ from different milk and milk products are shown in table 1. The study revealed that the per cent of contamination of aflatoxin M₁ depends upon the type of milk and milk products. We examined a total of 182 samples of milk and milk products among which 75(41.1%) were found contaminated with aflatoxin M₁.

In case of milk samples, maximum contamination (58%) occurred in cow milk samples followed by buffalo milk, (52%) however, minimum contamination (25%) of aflatoxin M₁ was observed in Sudha milk (25%). Among the milk products, maximum (53.8%) contamination was observed in local made product khoya followed by curd (45%). Cheese and milkshakes were less contaminated by aflatoxin M₁, 25% and 28.5%, respectively.

The quantitative analysis of aflatoxin M₁ revealed that range of aflatoxin was high in buffalo milk (0.020-0.22µg/kg) followed by cow milk samples (0.011-0.156 µg/kg). Out of 182 samples tested, 28 samples contained toxin in the range of 0.05µg/kg to 0.5µg/kg. However, one sample (cow milk) was highly contaminated with aflatoxin, the level exceeding 0.5µg/kg. The remaining 46 samples were contaminated by aflatoxin M₁ but the quantity was less than 0.05µg/kg. USFDA has set a maximum permissible level for aflatoxin M₁ of 0.5 µg/Kg (in milk), however, in Europe and in some African and Asian countries, the maximum acceptable level of aflatoxin M₁ in milk is 0.05 µg/kg¹⁷. In order to maintain this level, it is desirable that the aflatoxin B₁ level in feeds of dairy animals must be limited to keep the levels of AFM₁ in milk < 0.05 µg/Kg²².

Mean concentrations of aflatoxin M₁ in different milk and milk products were also determined. In our studies, cow (0.076µg/kg) and buffalo milk (0.073µg/kg) samples contained comparatively high AFM₁ concentration.

Regional variation of aflatoxin M₁ from different species: Regional variations in aflatoxin M₁ contamination of milk of different cattle (cows, buffaloes and goats) were also analysed. Aflatoxin M₁ contamination in milk of different

cattle of urban, semi-urban and rural areas was monitored (Table 2). Considering all types of cattle, maximum contamination (58%) of aflatoxin M₁ occurred in milk of rural areas cow milk followed by buffalo (52%) and goat milk 48%. In semi-urban areas, the contamination of aflatoxin M₁ was comparatively less than rural areas where 48% of buffalo milk samples, 46% of cow milk samples and 36% of goat milk samples were positive to aflatoxin contamination.

However, in the milk samples of urban areas, per cent contamination was comparatively less than semi urban and rural area where 36% samples in milk from buffaloes were positive to aflatoxin AFM₁ followed by 32% from cow and goat. However, maximum concentration of aflatoxin M₁ was

obtained in buffalo milk of rural areas (mean =0.126 µg/kg) followed by cow milk of rural areas (0.102µg/kg).

Seasonal variation: Table 3 shows the seasonal variation of aflatoxin contamination in milk of different cattle (cow, buffalo and goat). The observation revealed that the aflatoxin M₁ contamination was significantly high in monsoons and spring seasons compared to winter season. In wet seasons, out of 70 samples of cow milk, 32 (45.7%) were contaminated with aflatoxin M₁ followed by 28 (42.4%) of buffalo milk samples, however, in goat milk the per cent of contamination (35.2%) was less than cow and buffalo. In spring, out of 65 samples of cow milk, 22 samples (33.8%) contained aflatoxin M₁ which, however, was higher than buffalo milk in which out of 54 samples, 17 (31.4%) contained aflatoxin M₁.

Table 1
Aflatoxin M₁ contamination in different milk and milk products

Different milk and milk product	No. of samples	No. of positive samples	>0.5µg/kg	>0.05ug/kg	Range of aflatoxin M ₁ (µg/kg)	mean±SD
Cow milk	25	14(58)	1	9	0.011- 0.156	0.076±0.046
Buffalo milk	23	12 (52.1)	0	6	0.020 - 0.22	0.073±0.062
Goat milk	9	3(33.3)	0	2	0.023- 0.072	0.045±0.025
Sudha dairy milk	8	2 (25)	0	0	0.010-0.016	0.013±0.004
milk powder	8	3 (37.5)	0	0	0.009 - 0.024	0.013±0.012
curd	20	9 (45)	0	4	0.016- 0.102	0.046± 0.029
khoya	13	7 (53.8)	0	4	0.025- 0.118	0.060± 0.035
paneer	23	8 (34.7)	0	1	0.013- 0.054	0.032±0.015
cheese	12	3 (25)	0	0	0.00- 0.022	0.013±0.012
rabri	24	8 (33.3)	0	2	0.017- 0.92	0.043±0.024
ice-cream	10	4 (40)	0	0	0.007- 0.031	0.018±0.010
Milk shake	7	2 (28.5)	0	0	0.005- 0.023	0.014±0.013
Total	182	75 (41.1%)	1	28	0.00 - 0.156	0.037 ± 0.023

At p value < 0.05, for the quantitative incidence of AFM₁ in the milk and milk products, the mean data showed significant difference between raw milk of cows, buffaloes and goats to that of Sudha dairy milk, milk powder and milk shake for all three districts under observation. For statistical analysis of one way variance of milk and milk products, CD (at 5%) which clearly show remarkable difference of AFM₁ incidence in raw milk to that of processed milk products

Table 2
Regional variation of aflatoxin M₁ from different species

Species	Region	Positive sample (%)	Mean ± SD
Cow	Rural	58	0.102± 0.192
	Semi-urban	46	0.074± 0.112
	Urban	32	0.038±0.036
Buffalo	Rural	52	0.126±0.261
	Semi-urban	48	0.105±0.222
	Urban	36	0.031± 0.028
Goat	Rural	48	0.033±0.021
	Semi-urban	36	0.035±0.022
	Urban	32	0.032±0.017

Table 3
Seasonal variation of aflatoxin M₁ from different season

Season	Species	Total no. of sample	Positive sample (%)	Range of aflatoxin M ₁			Mean
				≥0.5µg/kg	0.05 to 0.5µg/kg	<0.05µg/kg	
Spring	Cow	65	22 (33.8)	2	7	13	0.137±0.193
	Buffalo	54	17 (31.4)	3	8	6	0.177±0.227
	Goat	29	6 (20.6)	0	2	4	0.038±0.027
Summer	Cow	104	32 (30.7)	3	12	17	0.128±0.175
	Buffalo	96	24 (25)	2	13	9	0.099±0.146
	Goat	40	7 (17.5)	0	2	5	0.036±0.027
Monsoon	Cow	70	32 (45.7)	4	18	10	0.143±0.217
	Buffalo	66	28 (42.4)	2	9	17	0.100±0.198
	Goat	17	6 (35.2)	0	1	5	0.041±0.020
Winter	Cow	92	25 (27.1)	0	6	19	0.034±0.021
	Buffalo	84	18 (21.4)	0	7	11	0.039±0.025
	Goat	41	15 (26.5)	0	0	15	0.015±0.012

At p value < 0.05, for the quantitative incidence of AFM₁ in the milk of cattle, the mean data showed significant difference between raw milk obtained during winter season to any other seasons (summer, spring, monsoons). For statistical analysis of Season X milk, CD is 0.0343 (at 5%) which clearly show that milk obtained during spring, summer and monsoon, the mean value of aflatoxin is significantly higher compared to winter.

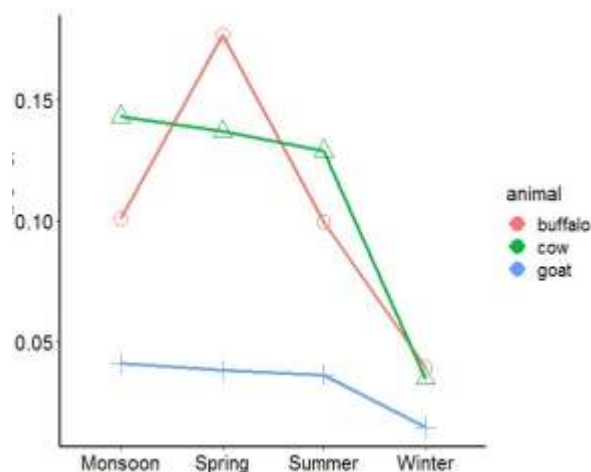


Fig. 1: Mean aflatoxin M₁ contamination among milk samples of different cattle and season

At p<0.05, the mean value of AFM₁ in milk obtained from three cattle generates a CD value of 0.0524. The critical difference clearly shows that the mean value AFM₁ incidence in milk obtained from cows and buffaloes are highly significant compared to goat milk

Among different seasons, winter milk samples of different cattle milk showed less contamination than spring, summer and monsoon. During those seasons, cow milk contamination rate was higher than buffalo and goat milk. 21.4% and 25% of buffalo milk were contaminated in winter and summer respectively. Per cent of aflatoxin positive sample was significantly low in goat milk than cow and buffalo.

Table 3 also shows the variation in the level of aflatoxin concentration in milk of different cattle (cow, buffalo and goat). It was observed that the concentration of aflatoxin M₁ was high during the spring season (figs. 1 and 2). In this season, mean value of M₁ concentration was maximum in buffalo (0.177µg/kg) followed by cow milk samples

(0.137µg/kg), however, the mean value was the lowest in goat milk samples (0.038µg/kg). In this season two cow milk samples (out of 22 samples) were grouped in the category in which the concentration exceeded 0.5µg/kg, however, 7 samples came under the range between the 0.5µg/kg to 0.05µg/kg and rest 13 samples concentration was less than 0.05µg/kg.

In case of buffalo milk, out of 17 samples, concentration of aflatoxin M₁ in 3 samples was more than 0.5µg/kg, 8 in the range of 0.5µg/kg to 0.05µg/kg, 6 samples contained concentration less than 0.05µg/kg. However, out of 6 positive samples of goat, 2 in between the range of 0.5µg/kg to 0.05µg/kg and in 4 samples aflatoxin M₁ contamination was less than 0.05µg/kg.

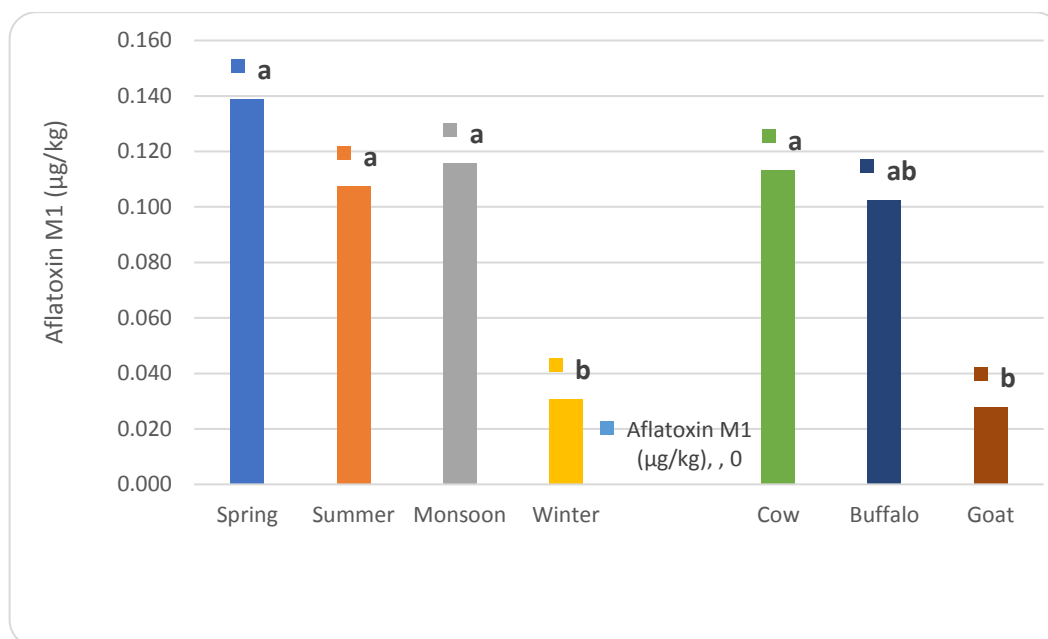


Fig. 2: Variations of aflatoxin M₁ contamination in the milk of different cattle (cow, buffalo, goat) in different seasons.

At $p < 0.05$, the one way analysis of variance of AFM₁ incidence in season has a CD value of 0.0343 and that of AFM₁ milk has 0.0524. The CD value among seasons statistically supports the data obtained where the AFM₁ incidence in spring, summer and monsoon are highly significant compared to that of winter. The CD value among the cattle further supports the data obtained where the mean value of AFM₁ incidence in cows and buffaloes are highly significant compared to that of goat milk

In the summer, mean value of M₁ concentration was maximum in cow milk (0.128 µg/kg) which was more than buffalo milk samples (0.099 µg/kg), however, the mean value was low in goat milk samples (0.036 µg/kg). Out of 32 cow milk samples of this season, 3 samples contained the level exceeding 0.5 µg/kg, however 12 samples had fallen in the range between 0.5 µg/kg to 0.05 µg/kg and rest 17 samples had less than 0.05 µg/kg of aflatoxin M₁. In case of buffalo milk, out of 24 positive samples, concentration of 2 samples was more than 0.5 µg/kg, 13 in between the range of 0.5 µg/kg to 0.05 µg/kg and 9 samples had the amount less than 0.05 µg/kg. However, out of 7 positive samples of goat milk, 2 were in the range of 0.5 µg/kg to 0.05 µg/kg and 5 samples concentration of aflatoxin M₁ was less than 0.05 µg/kg.

In the monsoon, mean value of M₁ concentration was maximum in cow milk (0.143 µg/kg) which was followed by buffalo milk samples (0.100 µg/kg) and the mean value was minimum in goat milk samples (0.041 µg/kg). In this season, 4 cow milk samples (out of 32 positive samples) were grouped in the category of exceeding the regulation limit of 0.5 µg/kg, however 18 samples were in the range of 0.5 µg/kg to 0.05 µg/kg and rest in 10 samples, the amount of toxin was less than 0.05 µg/kg.

In case of buffalo milk, out of 28 positive samples, 2 contained more than 0.5 µg/kg, 9 had fallen in the range of 0.5 µg/kg to 0.05 µg/kg, in 17 samples contamination level was less than 0.05 µg/kg. However, out of the 6 positive

samples of goat, only one sample could fall in the range of 0.5 µg/kg to 0.05 µg/kg and in 5 samples concentration of aflatoxin M₁ was less than 0.05 µg/kg.

In winter, concentration of aflatoxin M₁ was lowest than other season. In this seasons mean value of M₁ concentration was maximum in buffalo milk (0.039 µg/kg) where it was more than cow milk samples (0.034 µg/kg) and mean value was minimum in goat milk samples (0.015 µg/kg). In this season, six cow milk samples (out of 25 positive samples) were grouped in the category in which concentration was in between the 0.5 µg/kg to 0.05 µg/kg and rest in 19 samples concentration was less than 0.05 µg/kg. In case of buffalo milk, out of 18 positive samples, 11 were in the range of 0.5 µg/kg to 0.05 µg/kg, in 7 samples, concentration was less than 0.05 µg/kg. However, out of 15 positive samples of goat milk, concentrations of aflatoxin M₁ of all samples were less than 0.05 µg/kg.

The mean value of aflatoxin M₁ was found maximum in spring which was highly significant as compared to winter but was at par in summer and monsoon (Fig. 2). However, during the spring, summer and monsoon, there were non-significant differences with respect to the levels of aflatoxins M₁. Mean value of aflatoxin M₁ in winter season was 0.030 µg/kg which was significantly different from other three seasons (spring, summer and monsoon).

Minimum value of aflatoxin M₁ was found in goat milk which was however, significantly low as compared to cow

and buffalo. Maximum level of milk toxin was found in cow which was at par with buffalo milk samples.

The analysis of variance with respect to aflatoxin M₁ content in different cattle for different seasons differed significantly. F-value for season was found to be 4.702 whose probability value was 0.001. This reflects the facts that the levels of aflatoxin M₁ contamination of different cattle milk (cow, buffalo, goat) are influenced with the seasons. Mean values of aflatoxin M₁ level in cow and buffalo were at par which however, was significantly high from goat milk (Fig. 2).

Discussion

In case of milk samples, maximum aflatoxin M₁ contamination occurred in cow milk (58%) followed by buffalo milk (52%), however, the least per cent contamination was obtained in Sudha milk samples (25%). The result was in conformity with the previous work¹⁷ in which they analyzed 55,40, 30, 24 and 20 milk samples of buffaloes, cows, goats, sheep and camel for AFM₁ and contamination level was 34.5%, 37.5%, 20% and 16.7% respectively.

In our investigations, out of 182 milk samples analyzed, only one sample of milk contained aflatoxin M₁ exceeding 0.5 µg/kg. In 29 samples, the toxin range was in between 0.05 µg/kg, however, remaining samples contained less than 0.05 µg/kg. USFDA has set a maximum permissible level of 0.5 µg/kg for aflatoxin M₁ in milk while in Europe and some African and Asian countries, the maximum acceptable level of aflatoxin M₁ in milk is 0.05 µg/kg²⁹. To achieve this objective, aflatoxin B₁ level in feeds for dairy animals must be limited to keep levels of AFM₁ in milk <0.05 µg/kg²². In previous works, aflatoxin M₁ contamination was observed in camel and cow milk^{5,13,15,24}. Occurrence of aflatoxin M₁ in goat milk has also been reported³⁰.

Many studies declared contamination of AFM₁ in sheep milk². Comparatively high levels (Mean value 0.027ppm) of aflatoxin M₁ have been reported in earlier work while working on cow milk¹. Concentrations of aflatoxin M₁ in Sudha dairy milk, milk powder, cheese and milk shake samples were less than 0.05 µg/kg, mean of 0.013 ± 0.004, 0.013 ± 0.012, 0.013 ± 0.011 and 0.014 µg/kg respectively.

In our study, Sudha dairy milk (which was pasteurized milk) showed less risk of AFM₁ toxin than fresh milk of cow, buffalo and goat. Our results are in conformity with the earlier work that raw milk contained more aflatoxin level than pasteurized and UHT (Ultra high temperature processed) milk^{25,31}. The explanation to our findings is that the pasteurized milk is being stored in refrigerator, however, the raw milk is kept at room temperature. It is known that aflatoxin level does not increase at 4°C or below temperatures but its level increases in optimum room temperatures due to secondary contamination¹⁴. AFM₁ in milk can be reduced by good manufacturing, transporting and storage practices. For food safety purposes, there is a

need for quality control during processing and distribution of those products^{6,11}.

Regional variation of aflatoxin M₁ from different species:

While considering the type of cattle and the regions, it was found that maximum contamination (58%) of milk was in cow milk of rural areas followed by buffalo (52%) and goat milk (48%). In semi-urban area, the contamination of aflatoxin M₁ was comparatively low than rural areas. However, in urban areas contamination percentage was lower than semi-urban and rural areas. Maximum concentration of aflatoxin M₁ was obtained from buffalo milk of rural area (mean = 0.126 µg/kg) followed by cow milk of rural area (0.102 µg/kg). In urban and semi-urban areas, cattle rearing is maintained in comparatively hygienic conditions. They feed their cattle with commercial and freshly harvested feeds where the chances of aflatoxin B₁ contamination are comparatively low⁸.

However, during the spring, summer and monsoon, there were non-significant differences with respect to the levels of aflatoxins M₁. Mean value of aflatoxin M₁ in winter season was 0.030 µg/kg, which was significantly different from spring and monsoon seasons. Our results are in contrary to the previous works^{21,27} who revealed that the levels of AFB₁ and AFM₁ in feedstuff and milk were maximum during winter followed by autumn, spring and summer. Seasonal and geographical effects are factors which have pronounced influence in the level of AFM₁^{9,28}.

High temperature and high humidity prevailing in this locality during spring, summer and monsoons provided ideal condition for *A. flavus* infestation and aflatoxin synthesis. Once the food/ feed ingredients get infested, aflatoxin enters into the food chain^{9,12,26}. Aflatoxin M₁ can be minimized through good preharvest (crop rotation, irrigation, fungal resistance, biological control) during harvest (ripening, dry matter) and post harvest (storage, cooling, dryness etc.) management of feed crops.

Conclusion

Aflatoxin contamination can occur in milk and milk products either through carry-over of aflatoxin B₁ from feed to milk by cattle or by secondary contamination with *Aspergillus flavus*. Per cent contamination of aflatoxin was comparatively high in cow raw milk of rural areas followed by buffalo milk, however, the level of contamination in most of the samples was within the regulatory limits (USFDA, EU and CAC).

Congenial environment (conducive temperature coupled with high humidity) of spring and wet seasons of this locality favoured *A. flavus* growth and aflatoxin synthesis in cattle feeds and subsequently to milk and milk products.

Acknowledgement

Authors are thankful to UGC, Regional office, Kolkata for financial assistance (Sanction no. – F.PSB-34/13-14 ERO).

References

1. Ansari F., Pourajafar H. and Christensen L., A study on the aflatoxin M₁ rate and seasonal variation in pasteurized cow milk from north western Iran, *Environmental Monitoring and Assessment*, DOI: 10.1007/s10661-018-7141-1, **191**, 6 (2019)
2. Battacone G., Nudda A., Palomba M., Pascale M., Nicolussi P. and Pulina G., Transfer of aflatoxin B₁ from feed to milk and from milk to curd and whey in dairy sheep fed artificially contaminated concentrates, *J. Dairy Science*, DOI: 10.3168/jds.s0022-0302(05)72987-8, **88**, 3063–3069 (2005)
3. Bilandzic N., Varenina I. and Solomun B., Aflatoxin M₁ in raw milk in Croatia, *Food Control*, DOI: 10.1016/j.foodcont.2010.03.003, **21**, 1279-81 (2010)
4. Bilgrami K. and Choudhary A., Mycotoxin as pre-harvest contamination of agricultural crops, Bhatnagar D, Dekker pub KKSEM, eds., New York, <https://www.taylorfrancis.com/books/e/9780429079702/chapters/10.1201/9781482270044-3> (1997)
5. Boudra H. et al, Aflatoxin M₁ and ochratoxin A in raw bulk milk from French dairy herds, *Journal of Dairy Science*, DOI: 10.3168/jds.2006-565, **90**, 3197–3201 (2007)
6. Boukhari F., Al Kelany A. and Rabah S., Presence of aflatoxin M₁ in cow milk in milk samples collected from Jeddah, Saudi Arabia, <http://www.iosrphr.org/papers/v7i5V1/H0705014952.pdf> (2017)
7. Çelik T.A., Sarımehmetoğlu B. and Küplülü O., Aflatoxin M₁ contamination in pasteurised milk, *Veterinary Archive*, <http://wwwi.vef.hr/vetarhiv/papers/2005-75-1-8.pdf>, **75**, 57-65 (2005)
8. Choudhary A. and Kumari P., Management of mycotoxin contamination in preharvest and post harvest crops: present status and future prospects, *Journal of Phytology*, <https://updatepublishing.com/journal/index.php/jp/article/view/2160>, **2** (2010)
9. Choudhary A., Tudu S., Kumari P. and Ranjan A., Present status, prevalence and seasonal variations of aflatoxin in cattle feed, Bihar, India, *Indian Journal of Science and Technology*, DOI: 10.17485/IJST/v13i17.288, **13**, 1738-1745 (2020)
10. Cupid B., Lightfoot T., Russel D., Gant S., Turner P. and Dimgley K., The formation of AFB₁ macromolecular adducts in rats and humans at dietary levels of exposure, *Food and Chemical Toxicology*, doi: 10.1016/j.fct.2003.10.015, **42**, 559-569 (2004)
11. Deveci O., Changes in the concentration of aflatoxin M₁ during manufacture and storage of white pickled cheese, *Food Control*, DOI: 10.1016/j.foodcont.2006.07.012, **18**, 1103-1107 (2007)
12. Diener U., Cole R., Sanders T., Payne G., Lee L. and Klich M., Epidemiology of aflatoxin formation by *Aspergillus flavus*, *Annual Review of Phytopathology*, **25**, 249–270 (1987)
13. Elzupir A. and Elhusein A., Determination of aflatoxin M in dairy cattle milk in Khartoum State, Sudan, *Food Control*, DOI: 10.1016/j.foodcont.2009.11.013, **21**, 945-946 (2010)
14. Galvano F., Galofaro V. and Galvano G., Occurrence and stability of aflatoxin M₁ in milk and milk products: A worldwide review, *J Food Prot*, DOI: 10.4315/0362-028X-59.10.1079, **59**, 1079-90 (1996)
15. Gürbay A., Engin A.B., Çağlayan A. and Şahin G., Aflatoxin M₁ levels in commonly consumed cheese and yogurt samples in Ankara, Turkey, *Ecology of Food and Nutrition*, DOI: 10.1080/03670240600985274, **45**, 449-459 (2006)
16. Henry S., Whitaker T., Rabbani I., Bowers J., Park D., Price W. and Van Egmond H., AFLATOXIN M. <http://www.inchem.org/documents/jecfa/jecmono/v47je02.htm> (2001)
17. Hussain I., Anwar J., Asi M., Munawar M. and Kashif M., Aflatoxin M₁ contamination in milk from five dairy species in Pakistan, *Food Control*, DOI: 10.1016/j.foodcont.2008.12.004, **21**, 122-124 (2010)
18. Kumari P., Studies on characterization and micro-sequencing of aflatoxin resistance associated protein of aflatoxin resistance associated protein (RAP) variability of *Aspergillus flavus*, Ph.D. Thesis (2018)
19. Lizarraaga-Paulin E.G., Moreno-Martinez E. and Miranda-Castro S.P., Aflatoxin and their impact on human and animal health: an emerging problem, *Aflatoxin-Biochemistry and Molecular Biology*, DOI: 10.5772/26196, **13**, 255-282 (2011)
20. Madali B., Gulec A. and Ayaz A., A survey of Aflatoxin M₁ in different milk types in Turkey: risk assessment of children's exposure, *Prog. Nutr*, DOI: 10.23751/pn.v20i4.6889, **20**, 659-664 (2018)
21. Mozafari S., Mohsenzadeh M. and Mehrzad J., Seasonally Feed-Related, aflatoxins B₁ and M₁ Spread in Semi-arid Industrial Dairy Herd and Its Deteriorating Impacts on Food and Immunity, *Journal of Food Quality*, DOI: 10.1155/2017/4067989 (2017)
22. Pettersson H., Concerning Swedish derogation on aflatoxin. Complement to the Memo of 97-03-03 on 'Carry-over of aflatoxin from feeding stuffs to milk', Uppsala (Sweden): Department of Animal Nutrition and management, Swedish University of Agricultural Sciences, <http://cehea.org/wp-content/uploads/2017/01/41-.pdf> (1998)
23. Prandini A., Tansini G., Sigolo S., Filippi L., Laporta M. and Piva G., On the occurrence of aflatoxin M₁ in milk and dairy products, *Food Chemistry Toxicology*, DOI: 10.1016/j.fct.2007.10.005, **47**, 984-91 (2009)
24. Rahimi E., Bonyadian M., Rafei M. and Kazemeini H., Occurrence of aflatoxin M₁ in raw milk of five dairy species in Ahvaz, Iran, *Food Chemistry Toxicology*, DOI: 10.1016/j.fct.2009.09.028, **48**, 129-31 (2010)
25. Rama A., Latifi F., Bajraktari D. and Ramadani N., Assessment of aflatoxin M₁ levels in pasteurized and UHT milk consumed in Prishtina, Kosovo, *Food Control*, DOI: 10.1016/j.foodcont.2015.04.021, **57**, 351-354 (2015)
26. Sinha K. and Choudhary A., Mycotoxins: toxicity, diagnosis, regulations and control through biotechnology, Rev. Plant Pathol. Indian Society of Mycology and Plant Pathology, Scientific Publishers, India, Jodhpur, 261-299 (2008)

27. Tahoun B., Ahmed M., Abou Elez M. and AbdEllatif S., Aflatoxin M₁ in Milk and some Dairy Products: Level, Effect of Manufacture and Public Health Concerns, *Zagazig Veterinary Journal*, DOI: 10.21608/ZVJZ.2017.7891, **45**, 97-105 (2017)
28. Tajkarimi M., Aliabadi-Sh F., Nejad A.S., Pursoltani H., Motallebi A.A. and Mahdavi H., Aflatoxin M₁ contamination in winter and summer milk in 14 states in Iran, *Food Control*, DOI: 10.1016/j.foodcont.2007.10.011, **19**, 1033-1036 (2008)
29. Van Egmond H., Svensson U. and Freymy J., Mycotoxins In: Residues and contaminants in milk and milk products, *Brussels: International Dairy Federation*, <https://agris.fao.org/agris-search/search.do?recordID=BE1998000105>, 17-88 (1997)
30. Viridis S., Corgiolu G., Scarano C., Pilo A. and De Santi E., Occurrence of Aflatoxin M₁ in tank bulk goat milk and ripened goat cheese, *Food Control*, DOI: 10.1016/j.foodcont.2007.02.001, **19**, 44-49 (2008)
31. Zheng N., Sun P., Wang J., Zhen Y., Han R. and Xu X., Occurrence of aflatoxin M₁ in UHT milk and pasteurized milk in China market, *Food Control*, DOI: 10.1016/j.foodcont.2012.06.020, **29**, 198-201 (2013).

(Received 20th October 2020, accepted 07th December 2020)